

# KEEP MOVING

**DIRECTOR**

Stewart Applegath

**DURATION**

29:30

**YEAR**

1994

**ORIGINAL LANGUAGE**

English

**CATEGORY**

Documentary

**DESCRIPTION**

In *Keep Moving*, three men work to make ends meet and to understand how they have arrived where they are. Two are single fathers coping with parental responsibilities. Frank is a founding member of Act Up, who dedicated himself to the organization over the years, and who has paid a price in the course of his commitment. Bob juggles businesses, trying to make a new start, while Mike wrestles with a past that encompasses family tragedy, alcoholism and drug addiction. *Keep Moving* considers how these men understand their histories while pressing forward, and how they received and pass on fundamental values.

**SOUND**

Mono

**FURTHER INFORMATION**

“A rigorous and intelligent work which creates a portrait of the underside of American society through the stories of three men who, wishing to achieve lucidity, try to reconcile their past, present and future. Also of importance is the form that gives the filmmaker and his camera a role in a combination of cinéma vérité and keen editing full of spirit”.

COUËLLE, Jennifer. «Stewart Applegath: un engagement percutant», *Le Devoir*, Montreal, vol. 86, no 255, (Novembre 2nd, 1995), p. B-8.

**KEYWORDS**

Man, Relation, Work, Life, Everyday life, Difficulty

**THEMES**

Identity

Health

Family

Society