LA TMC

DIRECTOR
Jean-Guy Michaud

DURATION
5:33

YEAR
1986

ORIGINAL LANGUAGE
French

CATEGORY
Documentary



DESCRIPTION
A documentary on Wolfgang Luthe's TMC, or "Creativity Mobilization Technique", which seeks to re-awaken our spontaneous, creative impulses natural to us as children, but which we repress as adults due to social constraints. Its main goal is to help individuals be truly present in each gesture of their daily lives. "The creative act activates the mechanism directly related to our body's pulsations."

IMAGE FORMAT
4:3

KEYWORDS
Creativity, Awakening, Individual, Childhood, Technique

THEMES
Art and culture
Identity
Science