# ENGRAMME



**DIRECTOR**
An-Laurence Higgins

**DURATION**
14:46

**YEAR**
2021

**ORIGINAL LANGUAGE**
French

**CATEGORY**
Experimental
Video Art

**DESCRIPTION**
Engrams are imprints in the brain left by our experiences. This video essay follows a conversation between An-Laurence Higgins and Aaron Pollard, two Montreal artists of different generations, with divergent cultural and linguistic backgrounds. They share a preoccupation with the ways in which memory shapes identity, how the stories we hold onto shift over time and space, and how seemingly indelible experiences are transformed and lost to our minds. Across this work, the natural world figures prominently, and humanity appears only fleetingly in front of the lens, yet a human imprint is ever present in its framing, sounds, speech, and movement.

**SOUND**
Stereo

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**KEYWORDS**
Memory, Nature, Conversation, Poetry, Reflection, Identity, Self, Time

**THEMES**
Identity
Psychology