

# INITIATION À LA PSYCHOLOGIE : THÉRAPIE ET RELAXATION

**DIRECTOR**

Bernard Demers

**DURATION**

1:00

**YEAR**

1980

**ORIGINAL LANGUAGE**

French

**CATEGORY**

Documentary

**SERIE**

Initiation à la psychologie

**DESCRIPTION**

This series gives the opportunity to get an overview of contemporary psychology. These 13 one-hour programs each deal with one particular aspect of psychology and together they give an accurate portrait of different techniques, theories and applications of this discipline. It gives the chance to meet many researchers in the province and discover their subjects and the social preoccupations of our own culture.

Episode #11 - *Thérapie et relaxation* : Whatever the therapy or the circumstances in which hypnosis is used, a sense of mystery persists. What takes place between the psychologist and the patient? If some individuals have the 'power' to hypnotise their fellow human beings, how do they do it? In reality, there is no mystery. Certain people have a keen interest in accentuating the sense of strangeness—and profit from it.

**IMAGE FORMAT**

4:3

**SHOOTING FORMAT**

3/4" video

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**KEYWORDS**

Theory, Psychology, Hypnosis

**THEMES**

Identity

Health

Science

Society