

## THERE'S BLACK IN YOUR WINGS

**DIRECTOR**

Linda Vachon

**DURATION**

0:02

**YEAR**

2020

**ORIGINAL LANGUAGE**

French

**CATEGORY**

Animation

Videopoem



**DESCRIPTION**

Poetic vision of cyclothymia.

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**FURTHER INFORMATION**

"*Y'a du noir dans tes ailes* was born softly, naturally, naively. Without even really being aware of the creative process at first, I superimposed images depicting certain contradictions that exist in me simultaneously, be they inertia and agitation, peace and discord, or paralysis and flight. This mix of states of mind can transport you to opposite polarities from one moment to the next. As I watched my images transform, I began to understand that I was creating a poetic illustration of cyclothymia." -

**Linda Vachon**

**KEYWORDS**

Mental health, poetry, cyclothymia

**THEMES**

Health

Private life